

Psalms

Growing Through Prayer



Week 1: Praise Psalms

Take time each day of the week to pray through the Psalm of the day, focusing on the way that it is prompting you to praise God.

Monday: Psalm 24

Tuesday: Psalm 115

Wednesday: Psalm 29

Thursday: Psalm 33

Friday: Psalm 150

Saturday: Psalm 99

As you go about your day, pause to reflect on the different qualities and actions that make God worthy of our praise and worship.

Let these thoughts prompt you to continue praising God throughout each day.