

Prayer Day

May 21, 2020

This guide¹ helps us to pray through specific directions so that we are expressing more of our hearts to God and developing renewed avenues of prayer.

Adoration

In the year that King Uzziah died, I saw the Lord sitting on a throne, high and exalted, and the train of His robe filled the temple. Above it stood the seraphim; each one had six wings: with two they covered their faces, with two they covered their feet, and with two they flew. And one cried to the other and said, “Holy, Holy, Holy is the Lord of hosts; The whole earth is full of His glory!” (Isaiah 6:3)

The Lord God is the Alpha and the Omega, who is, and who was, and who is to come, the Almighty. (Revelation 1:8)

Pause to express your thoughts of praise and worship.

Confession

I, even I, am He who blots out your transgressions for My own sake, And I will not remember your sins. (Isaiah 43:25)

Ask the Spirit to search your heart and reveal any areas of unconfessed sin. Acknowledge these to the Lord and thank Him for His forgiveness.

Renewal

“You shall love the Lord your God with all your heart and with all your soul and with all your mind.” This is the first and great commandment. And the second is like it: “You shall love your neighbor as yourself.” All the Law and the Prophets hang on these two commandments. (Matthew 22:37–40)

May I not love with words or tongue, but in deed and in truth. By this I will know that I am of the truth and will assure my heart before Him; for if my heart condemns me, God is greater than my heart, and knows all things. If my heart does not condemn me, I have confidence before God and receive from Him whatever I ask, because I keep His commandments and do the things that are pleasing in His sight. (1 John 3:18–22)

Pause to add your own prayers for personal renewal.

¹Kenneth Boa, Handbook to Prayer: Praying Scripture back to God (Atlanta: Trinity House, 1993).

Petition

May I not say, “Today or tomorrow I will go to this or that city, spend a year there, carry on business, and make a profit.” For I do not even know what my life will be tomorrow. I am a vapor that appears for a little while and then vanishes away. Instead, let me say, “If the Lord wills, I will live and do this or that.” Otherwise, I boast in my arrogance, and all such boasting is evil. (James 4:13–16)

Personal Concerns

- Spiritual warfare
 - The world
 - The flesh
 - The devil
- Growth in character
- Personal disciplines
- Physical health and strength
- My activities for this day
- Special concerns

Intercession

May I remember those in prison as though bound with them, and those who are mistreated, since I myself am also in the body. (Hebrews 13:3)

World Affairs

- The poor and hungry
- The oppressed and persecuted
- Those in authority
- Peace among nations
- Current events and concerns

Affirmation

Apart from the law the righteousness of God has been made known, being witnessed by the law and the prophets, even the righteousness of God through faith in Jesus Christ to all who believe. For there is no difference, for all have sinned and fall short of the glory of God, being justified freely by His grace through the redemption that is in Christ Jesus. (Romans 3:21–24)

What the law was powerless to do in that it was weakened through the flesh, God did by sending His own Son in the likeness of sinful flesh, on account of sin; He condemned sin in the flesh, in order that the requirement of the law might be fully met in us, who do not walk according to the flesh, but according to the Spirit. (Romans 8:3–4)

Pause to reflect upon these biblical affirmations.

Thanksgiving

For those who revere Your name, the Sun of righteousness will rise with healing in His wings. And they will go out and leap like calves released from the stall. (Malachi 4:2)

Jesus fulfilled the words of the prophet Isaiah:

“The Spirit of the Lord is upon Me,
Because He has anointed Me to preach good news to the poor.
He has sent Me to proclaim freedom for the captives
And recovery of sight to the blind,
To set free those who are downtrodden,
To proclaim the acceptable year of the Lord.” (Luke 4:18–19)

Pause to offer your own expressions of thanksgiving.

Closing Prayer

I will enter Your gates with thanksgiving
And Your courts with praise;
I will give thanks to You and bless Your name.
For the Lord is good
And Your lovingkindness endures forever;
Your faithfulness continues through all generations. (Psalm 100:4–5)

May the glory of the Lord endure forever;
May the Lord rejoice in His works. (Psalm 104:31)